



NOTICE OF RACE (NOR) and SAILING INSTRUCTIONS (SI) for the SSCBC 2016-17 season.

Sorrento Sailing Couta Boat Club is the Organising Authority (OA) for races it conducts at the Club.

1. RULES

- 1.1** - The Rules are as defined in [The Racing Rules of Sailing](#). (changing to the 2017-2020 version on 1 Jan 2017)
- 1.2** - [SP/DP] Australian Sailing (AS) Special Regulations Part 1 Category 7 apply to Couta Boats and Jubilees;
- 1.3** - SP/DP] AS Special Regulations Part 2 apply to Off The Beach Boats (Dinghy Sailing).
- 1.4** - Class Rules apply
- 1.5** - Race Sailing Instructions (RSI) may be issued for particular races to provide details not included in these SIs, or to vary them for a specific race or regatta such as a Passage Race or Dinghy Sailing Regatta.
- 1.6** - Rule 40 (wearing PFDs) applies at all times while racing without the display of Y Flag – This changes rule 40.
- 1.7** - Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.8** - Add to RRS 41: (f) help in navigation or trim, or to recover from a capsized boat from an appointed Race Committee Member given to a junior or beginner boat that is struggling to stay with the fleet.
- 1.9** - Couta Boats and Jubilees shall carry VHF radios and monitor Ch.73 at all times while afloat. This changes the Couta Boat Class Rules.
- 1.10** - [DP] / [SP] Boats whose preparatory signal has not been made shall keep well clear of other boats that are racing or in their starting sequence.
- 1.11** - [DP] The SSCBC Member Protection Policy Codes of Conduct apply to all competitors and participants.
- 1.12** - [DP] The Protest Committee may apply a discretionary penalty including a 0 point penalty or warning when a boat commits a breach of sportsmanship.
- 1.13** - Appendix T Arbitration RRS 2017-2020 as modified in SI 23 applies.

2. CHANGES TO NOR/SI

- 2.1** Any change to the NOR/SI will be posted 2 hours before the warning signal of the race it will take effect, except that any change to the schedule of races will be posted by 1900 hours on the day before it will take effect.
- 2.2** Given the long distances that some competitors travel to compete, races may be postponed or abandoned well before the warning signal. Such signals may be replicated on Facebook, the club website, texted or verbally advised through contact with the Tower - 5984 8207

3. ELIGIBILITY AND ENTRY

- 3.1** - Boats may be entered by a current member of the SSCBC.
- 3.2** - Boats on the Couta Boat Association (CBA) register may be entered for a CBA Race. Races marked "CBA" in the Calendar are organised in conjunction with the CBA
- 3.3** - Visiting Australian Sailing cardholders are welcome to enter a boat, subject to approval of their entry by the OA and payment of the prescribed fee.
- 3.4** - Entries are not accepted and boats will not be scored until these requirements are completed:
 - * Entry Form lodged;
 - * Safety Declaration lodged;
 - * Entry fees paid; and
 - * Expected Competitor list completedThis may be completed online or at the office.

4. REGISTRATION / CREW LIST

Where required by an RSI, a boat must complete a crew details form, including contact details, next of kin and medical issues.

5. RACE SCHEDULE

The scheduled 1st warning signal and locality of racing for each day is specified in the Calendar

6. SERIES

A prize will be awarded for each completed series detailed in the Calendar (1 race unless varied in an RSI). Trophies or prizes shall be awarded at presentation functions to be advised.

7. HANDICAPS

- 7.1** - Couta Boat races are performance handicapped based on the AS Performance Handicap System with specific parameters defined by the SSCBC Handicapping Committee.
- 7.2** - Dinghies sailing in a mixed class division will be scored using a YV Yardstick.

8. VOLUNTEERS

Any boat that does not race in an aggregate race due to the skipper and/or crew's participation as a volunteer(s) engaged in Club sailing activities (for example patrol boat roster) shall, at the discretion of the race committee, be awarded average points for that race. This changes rules 35, A4, A5

9. DISCLAIMER

Competitors participate in a race entirely at their own risk. See rule 4, Decision to Race. The Organising Authorities will not accept any liability for material damage or personal injury or death sustained in conjunctions with or prior to, during, or after the race.

10. SAFE, FAIR & FUN

We are striving for racing that is Safe (or we will not continue), Fair (Race Management procedures are published and transparent / Good Sportsmanship is required from all Competitors and Participants) and these foundations allow us to have Fun!

11 CHANGES TO COMPETITORS AND EQUIPMENT

[DP]

At the first reasonable opportunity, usually at least an hour before racing:

- a) Couta Boats must advise any change of equipment, helmsman or crew that may have a material change in performance to the Tower; or
- b) Dinghies shall request permission to change equipment or competitors.

12. NOTICES TO COMPETITORS

Notice Boards shall consist of the club website www.sscbc.com.au

13. SIGNALS MADE ASHORE

13.1 - Signals made ashore will be displayed on the Eastern signal mast.

13.2 - When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

13.3 - When a numeral is displayed with an AP it shall apply to that division, this changes Race Signals AP over numeral pennant.

14. SIGN-ON [DP / SP]

14.1 - Boats shall sign-on before leaving the beach, moorings or jetty.

14.1 - Boats shall sign-off upon return to the beach, moorings or jetty and no later than the protest time limit.

14.1 - A boat that retires or stops racing shall notify the tower or a Race Committee Vessel as soon as reasonably possible.








a) Dinghies shall sign-on and sign-off at the lower sail deck.

b) Couta Boats and Jubilees shall sign-on using the electronic form at www.SSCBC.COM.AU/ONB and sign-off with the tower on VHF Ch. 73.

If the tower cannot be reached, contact the Race Committee Vessel.

15. CLASS FLAGS

Divisions and their flags are:

Division	Numeral Pennant	Classes
1		Div 1 Couta Boats
2		Div 2 Couta Boats
3		Jubilees
4		49er/FX, 29er & Skiffs
5		Laser, 420, Sabre, Fast Monos & Pacers
6		Minnow, Opti
7		Multihulls
Green		Minnow, Opti – Novice

15. RACING AREA

The racing area shall be generally as set out in the course map diagram or as detailed in an RSI.

16. LAID COURSES

There are special provisions for Fixed (BOX) Starts, Fixed Marks, and Fixed (BOX) Finishes – All of these are contained in the Fixed Course Section at the end of the Slis.

16.1 - The courses are described in the course diagrams or RSI.

16.2 - Prior to or at the warning signal, the course signal will be displayed.

16.3 - Divisions may have different courses.

16.4 - WA and LA Courses Mark 1A: an inflatable buoy: may be laid in the vicinity of Mark 1 and shall be rounded after Mark 1 to port. If not laid, proceed to the next mark.

16.5 - WA and LA Courses Mark 2p: If a matching inflatable mark is laid in the vicinity of Mark 2s, those inflatables will form a gate, to be passed through from the direction of the last mark. Otherwise Marks 2p is rounded to port.

17. LAID MARKS

17.1 - Laid Course Marks will be inflatable buoys

17.2 - If other marks are used they will be described in the RSI.

17.3 - New marks may be similar to the original marks and may be identified by a contrasting band, different colour or shape. When, a subsequent change is required or a new mark is replaced, it will be replaced by an original mark.

18. LAID (OW) START

18.1 - Races will be started by using rule 26

18.2 - U Flag Starting Penalty is added to rule 30
If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is re-started or re-sailed or postponed or abandoned before the starting signal. This changes rule 26.

18.3 - The warning signal for each succeeding division shall be made with the starting signal of the preceding division.

18.4 - The starting line will be between the starting mark (pin end) and a staff displaying an orange flag on the committee vessel.

18.5 - The starting mark for Laid Courses is a black and white chequered inflatable buoy.

18.6 - The starting line will close after 10 minutes.

19. RECALLS

19.1 - Boats may be notified that they have been recalled. Failure to notify is not grounds for redress.

19.2 - For **Laid Course Starts**, recalls shall be made using rule 29.

20. THE FINISH

The finishing line shall be between a staff displaying a blue flag on the committee vessel and the course side of the finishing mark.

21. TIME LIMITS

21.1 - The finish window is 30 minutes for Dinghies.

21.2 - The finish windows are the elapsed time of the third Division 1 boat or third Division 2 boat to sail the course and finish divided by 3.

21.3 - Boats still racing when the finish window closes will be scored 2 points more than the number of boats that finish, but no more than the number of starters.

21.4 - Boats not racing when the time limit expires will be scored DNF

21.5 - This SI Changes rules 35, A4 and A5

22. STANDARD [SP] AND DISCRETIONARY PENALTIES [DP]

Rules 35, A4 and A5 are changed so that the Race Committee may apply a Standard Penalty [SP] without a hearing or the Protest Committee may apply a Discretionary Penalty [DP] less than disqualification where the SI is marked as such.

22. PENALTY SYSTEM TURNS

22.1 - For Couta Boats and Jubilees rules 44.1 and 44.2 are changed so that only a part-turn is required.

22.2 - On a leg to a windward mark, a part-turn is a gybe and luffing to a close-hauled course as soon as reasonably possible.

22.3 - On other legs a part-turn is a tack and bearing away as soon as reasonably possible to more than 90 degrees from the true wind.

22.4 - For Dinghy Sailing, rules 44.1 and 44.2 are unchanged.

23. POST-RACE PENALTIES

RRS 2017-2020 Appendix T applies and is changed so that the Post Race Penalty in T1 (b) is to increase a boat's score by 25% of the difference between her score without the penalty and the score for retirement.

24. PROTESTS

24.1 - Protest forms are available at the race office.

24.2 - For each division, the protest time limit and redress time limit is one hour after the last boat has finished the last race of the day. "or two hours after the incident, whichever is later" is deleted from rule 62.2

24.3 - Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings that will be held that day in which they are parties.

25. SCORING

25.1 - Aggregate races for the season are denoted in the Calendar. In addition, individual regattas will be scored and awarded separately.

25.1 - After 3 races are completed a boat's worst score will be excluded, and after each further 4 races are completed a further worst score will be excluded, from her series score.

25.1 - Rule A9 is changed so that a boat that does not come to the starting area will be scored 3 more points than the number of boats that came to the starting area.

26 HANDICAPS

26.1 - Handicaps for Couta Boats shall be as published by the Handicap Committee and displayed on the website www.sscbc.com.au.

26.2 - [DP] Performance handicaps are allocated to a boat / crew combination and rely on the notification of changes to equipment, helmsman or crew to maintain fairness.

27.3 - The Handicap Committee has the discretion to change or amend the handicap of any boat for any race.

28. USE OF ENGINE TO AVOID COMMERCIAL SHIPPING

28.1 - Boats with a reasonable apprehension of interfering with commercial shipping shall use their engine to stay clear:

28.2 - A boat shall inform the Race Committee by radio when she uses her engine under this instruction

[DP]

28.3 - After engine use, a boat shall not have gained an advantage in the race.

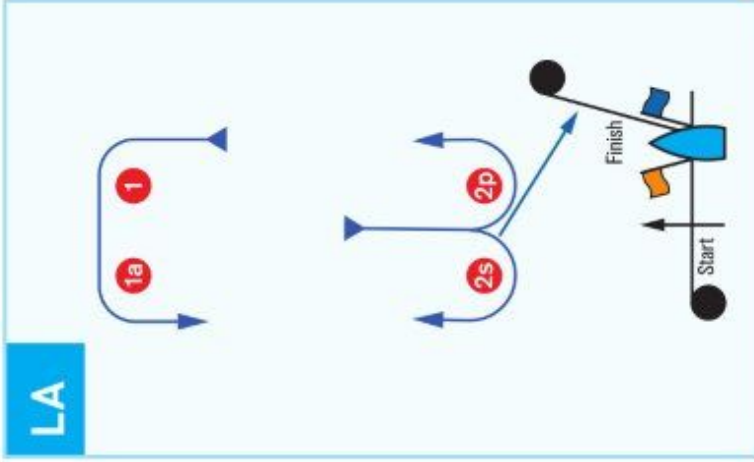
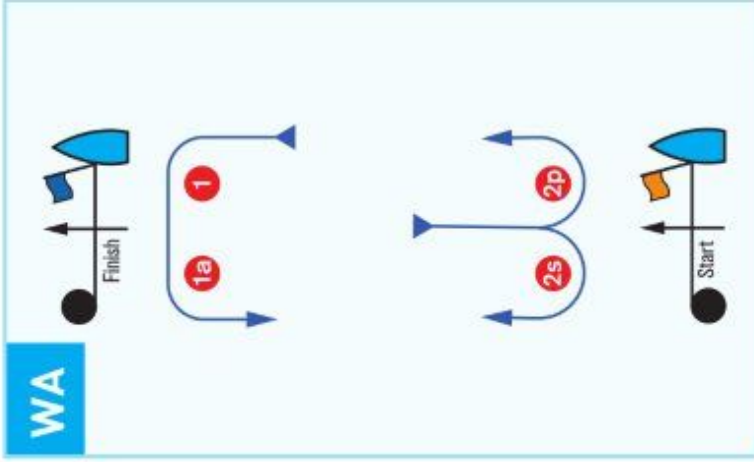
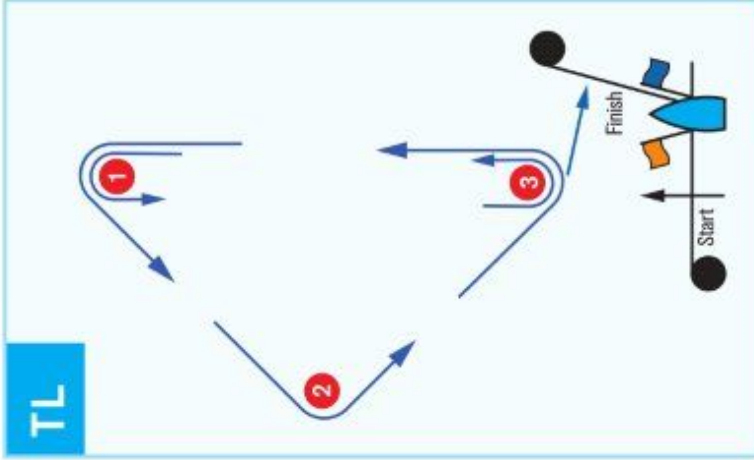
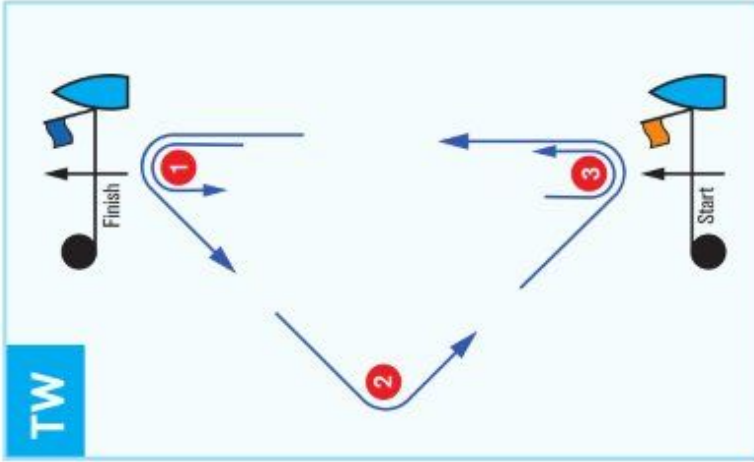
29 USE OF ELECTRONIC AIDS

29.1 - Boats shall not use electronic navigation or tactical equipment while racing unless permitted by class rules.

29.2 - Recording and uploading tracking information is permitted, provided it is not accessed while racing.

30 LAID COURSES & DIAGRAMS

See page for TW, TL, WA and LA Courses



TW COURSE
- TRIANGLE, WINDWARD FINISH

Signal	Mark Rounding Order
TW2	Start – 1-2-3 – Finish
TW3	Start – 1-2-3 – 1-3 – Finish
TW4	Start – 1-2-3 – 1-3 – 1-2-3 – Finish
TW5	Start – 1-2-3 – 1-3 – 1-2-3 – 1-3 – Finish

TL COURSE
- TRIANGLE, LEEWARD FINISH

Signal	Mark Rounding Order
TL2	Start – 1-2-3 – 1-3 – Finish
TL3	Start – 1-2-3 – 1-3 – 1-2-3 – Finish
TL4	Start – 1-2-3 – 1-3 – 1-2-3 – 1-3 – Finish
TL5	Start – 1-2-3 – 1-3 – 1-2-3 – 1-3 – 1-2-3 – Finish

WA COURSE
- WINDWARD / LEEWARD WITH OFFSET MARK, WINDWARD FINISH

Signal	Mark Rounding Order
WA2	Start – 1-1a-2s/2p – Finish
WA3	Start – 1-1a-2s/2p – 1-1a-2s/2p – Finish
WA4	Start – 1-1a-2s/2p – 1-1a-2s/2p – 1-1a-2s/2p – Finish
WA5	Start – 1-1a-2s/2p – 1-1a-2s/2p – 1-1a-2s/2p – 1-1a-2s/2p – Finish

LA COURSE
- WINDWARD / LEEWARD WITH OFFSET MARK, LEEWARD FINISH

Signal	Mark Rounding Order
LA2	Start – 1-1a-2s/2p – 1-1a-2p – Finish
LA3	Start – 1-1a-2s/2p – 1-1a-2s/2p – 1-1a-2p – Finish
LA4	Start – 1-1a-2s/2p – 1-1a-2s/2p – 1-1a-2s/2p – 1-1a-2p – Finish
LA5	Start – 1-1a-2s/2p – 1-1a-2s/2p – 1-1a-2s/2p – 1-1a-2s/2p – 1-1a-2p – Finish

31. FIXED STARTS (BOX), MARKS, COURSES AND FINISHES (BOX) - SPECIAL PROCEDURES

31.1 - Fixed starts (BOX)

a) rule 26 is replaced with these starting signals

	Minutes	Sound/ Lights
Warning	5	1 Sound / 5 Lights
Preparatory	4	4 Lights
	3	3 Lights
	2	2 Lights
1 Minute Start	1	1 Light
Start	GO!	1 Sound No Lights, or 5 Lights if another start follows

b) For Fixed Starts, the starting line is between Mark X and the White line on the wall of the control box tower. To start, a boat shall pass between Mark Y and Mark X.


31.2 - Fixed Start recalls will be signalled as follows.

a) Individual recalls will be signalled by 1 additional sound and 1 flashing red light for ten seconds. This changes rule 29.1.

b) General recalls will be signalled by 2 additional sounds and 2 flashing red lights for ten seconds. The recalled division shall restart five minutes after their original start. Starts for any succeeding divisions shall follow the new start. This changes rule 29.2.

c) An X Flag may be flown from a vessel at the start line, however this is only a courtesy when it can be done.

31.2 - Fixed Marks are

 X, Y, C, N, S, E, W, are yellow conical buoys with a cross labelled with the mark letter and "YACHTING MARK"



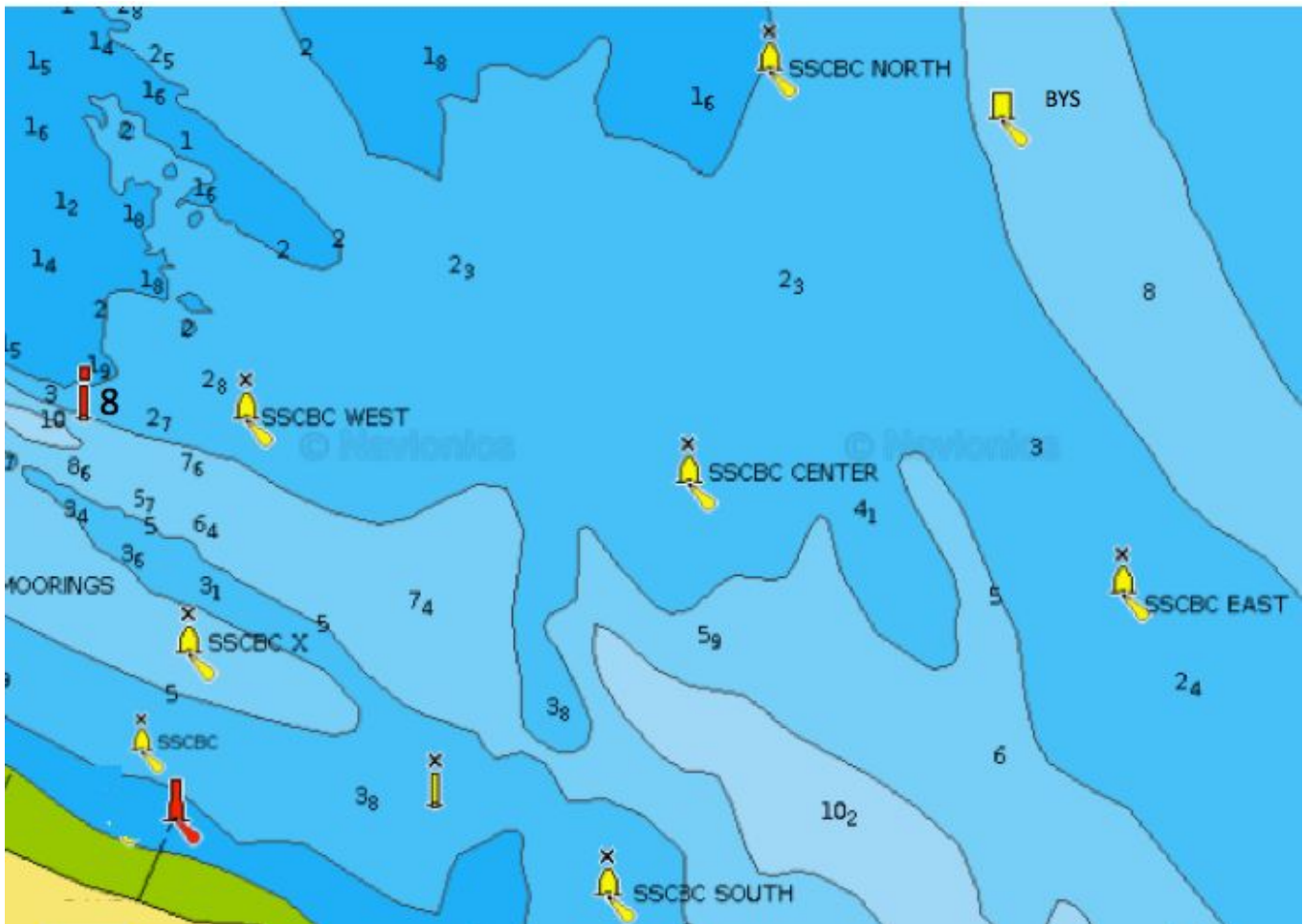
I is a magenta spherical buoy.

8 is Sorrento Channel No.8, a red can.




31.3 - Fixed Courses – Are in the fixed course table. Divisions 1-5 and 7 sail the Large Course and Divisions 6 and green sail the Small Course.

31.4 - Shorten Fixed Course to Home - If S Flag over H Flag is displayed with 2 sound signals boats shall round that mark, round mark 8 and then finish at the Box Finish line. This changes rule 32.2.

31.5 - Fixed Finishes (BOX) – The Box Finish line is between Mark X and the white line on the control box tower. To finish, a boat shall pass between Mark X and Mark Y.




FIXED MARKS (BOX) BOX START (TOWER START LINE)

Wind Direction Course	Course Flag	Lap Shapes	Laps	Course Large Divs 1-5 and 7	Course Small Divs 6 and Green						
Mark 1 between E & S											
South	 Naval Numerical 1	+	● ● ● = = = (Lap 1) (Lap 2) (Lap 3)	Start SEN SN SN 8 Finish	Start SIC SC SIC 8 Finish						
						West	 Naval Numerical 2	+	● ● ● = = = (Lap 1) (Lap 2) (Lap 3)	Start SEW EW EW 8 Finish	Start SCW ICW CW 8 Finish
East	 Naval Numerical 4	+	● ● ● = = = (Lap 1) (Lap 2) (Lap 3)	Start SENW EW EW 8 Finish	Start SCIW CIW CW 8 Finish						
						Mark 1 between N & W					

Course = Naval Numerical + ①, ② or ③ lap shapes flown from the Eastern Signal Mast (BOX).

FIXED MARKS (OW) ON THE WIND START (COMMITTEE VESSEL)

Wind Direction Course	Course Flag	Lap Shapes	Laps	Course Large Divs 1-5 and 7	Course Small Divs 6 and Green
Mark 1 between E & S					
South	 Naval Numerical 1	+	● ● ● = = = (Lap 1) (Lap 2) (Lap 3)	Start C,SEN SN SN 8 Finish	Start C,SIC SC SIC 8 Finish
North	 Naval Numerical 3	+	● ● ● = = = (Lap 1) (Lap 2) (Lap 3)	Start C,NWS NS NS N-8-Finish	Start S,CIS CS CIS C-8-Finish
Mark 1 between N & W					

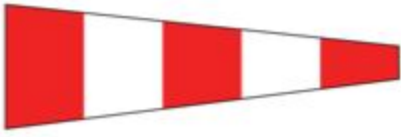
Course = Naval Numerical + ①, ② or ③ lap shapes flown from the Committee Vessel (OW).

RRS - HELPFUL RULES

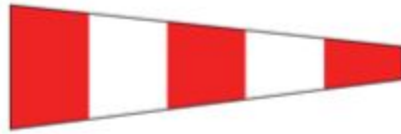
For your convenience, we have reproduced some commonly used rules that are referred to in these Sailing Instructions.

RRS - RACE SIGNALS

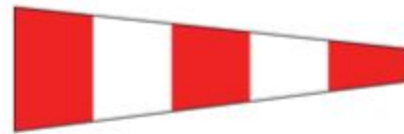
Postponement Signals



AP Races not started are *postponed*. The warning signal will be made 1 minute after removal unless at that time the race is *postponed* again or *abandoned*.



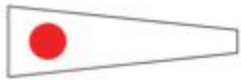
AP over H Races not started are *postponed*. Further signals ashore.



AP over A Races not started are *postponed*. No more racing today.

AP over a numeral pennant 1–9

Postponement of 1-9 hours from the scheduled starting time.



Pennant 1 ↑•• ↓•



Pennant 2 ↑•• ↓•



Pennant 3 ↑•• ↓•



Pennant 4 ↑•• ↓•



Pennant 5 ↑•• ↓•



Pennant 6 ↑•• ↓•



Pennant 7 ↑•• ↓•



Pennant 8 ↑•• ↓•



Pennant 9 ↑•• ↓•

Abandonment Signals



N All races that have started are *abandoned*.

Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is *abandoned* again or *postponed*.



N over H All races are *abandoned*. Further signals ashore.



N over A All races are *abandoned*. No more racing today.

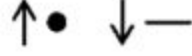
Abandonment Signals



P Preparatory signal.



I Rule [30.1](#) is in effect.



Z Rule [30.2](#) is in effect.



U Rule [30.3](#) is in effect.



Black flag. Rule [30.4](#) is in effect.

Recall Signals



X Individual recall.



First Substitute General recall. The warning signal will be made 1 minute after removal.

Shortened Course



S The course has been shortened. Rule 32.2 is in effect.

Changing the Next Leg



C The position of the next *mark* has been changed:



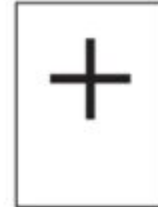
to starboard;



to port;



to decrease the length of the leg;



to increase the length of the leg.

Other Signals



L Ashore: A notice to competitors has been posted.
Afloat: Come within hail or follow this vessel.



M The object displaying this signal replaces a missing *mark*.



Y Wear a personal flotation device (see rule 40).



(no sound)

Blue flag or shape. This race committee vessel is in position at the finishing line.

RRS 26 - STARTING RACES

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Signal	Minutes	Flag	Sound
Warning	5	Class Flag displayed	1
Preparatory	4	P, I, Z, U or Black displayed	1

1 Minute	1	P, I, Z, U or Black removed	1 long
Start	GO!	Class Flag removed	1

*or as stated in the sailing instructions

The warning signal for each succeeding class shall be made with or after the starting signal of the preceding class.

RRS 29 - RECALLS

29.1 Individual Recall – When at a boat's starting signal any part of her hull, crew or equipment is on the course side of the starting line or she must comply with rule 30.1, code flag X shall promptly be displayed with one sound. The flag shall be displayed until all such boats are completely on the pre-start side of the starting line or its extensions and have complied with rule 30.1 if it applies, but not later than four minutes after the starting signal or one minute before any later starting signal, whichever is earlier. If Rule 30.3 or SI 19.2 applies, this rule does not.

29.2 General Recall - When at the starting signal, boats that are on the course side of the starting line, or to which rule 30 applies, are unable to be identified, or there has been an error in the starting procedure, a general recall may be signalled by displaying the First Substitute with two sounds. The warning signal for a new start for the recalled division shall be made one minute after the First Substitute is removed (one sound), and the starts for any succeeding divisions shall follow the new start.

RRS 32 - SHORTENING OR ABANDONING AFTER THE START

32.1 After the starting signal, the race committee may shorten the course (display flag S with two sounds) or *abandon* the race (display flag N, N over H, or N over A, with three sounds), as appropriate,

- (a) because of an error in the starting procedure,
- (b) because of foul weather,
- (c) because of insufficient wind making it unlikely that any boat will *finish* within the time limit,
- (d) because a *mark* is missing or out of position, or
- (e) for any other reason directly affecting the safety or fairness of the competition,

or may shorten the course so that other scheduled races can be sailed. However, after one boat has sailed the course and *finished* within the time limit, if any, the race committee shall not *abandon* the race without considering the consequences for all boats in the race or series.

32.2 If the race committee signals a shortened course (displays flag S with two sounds), the finishing line shall be,

- (a) at a rounding *mark*, between the *mark* and a staff displaying flag S;
- (b) at a line boats are required to cross at the end of each lap, that line;
- (c) at a gate, between the gate *marks*.

The shortened course shall be signalled before the first boat crosses the finishing line.

RRS 33 - CHANGING THE NEXT LEG OF THE COURSE

The race committee may change a leg of the course that begins at a rounding *mark* or at a gate by changing the position of the next *mark* (or the finishing line) and signalling all boats before they begin the leg. The next *mark* need not be in position at that time.

- (a) If the direction of the leg will be changed, the signal shall be the display of flag C with repetitive sounds and either
 - (1) the new compass bearing or
 - (2) a green triangle for a change to starboard or a red rectangle for a change to port.
- (b) If the length of the leg will be changed, the signal shall be the display of flag C with repetitive sounds and a '–' if the length will be decreased or a '+' if it will be increased.
- (c) Subsequent legs may be changed without further signalling to maintain the course shape.

RRS 34 - MARK MISSING

If a *mark* is missing or out of position, the race committee shall, if possible,

- (a) replace it in its correct position or substitute a new one of similar appearance, or
- (b) substitute an object displaying flag M and make repetitive sound signals.

CLASS RULE 14.3 COUTA BOATS

14.3. When racing in Couta Boat Races, electronic instrumentation of any kind to aid sailing shall not be permitted. Masthead wind indicators shall not be permitted, excepting for wool or ribbon or a soft burgee. A compass shall not include electronic tacking data. However, a boat may carry a VHF radio.